



Supporting Neurodiverse Students


Make It and Take It

<https://tinycloud.com/neurodiversitywi>

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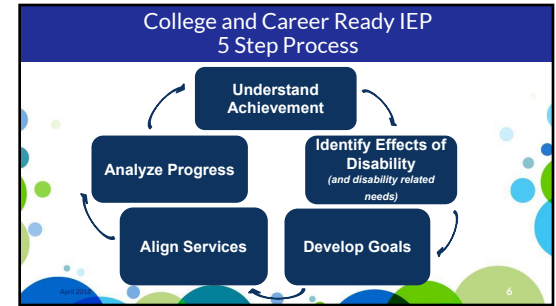
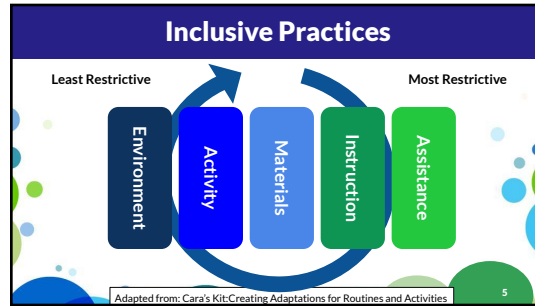
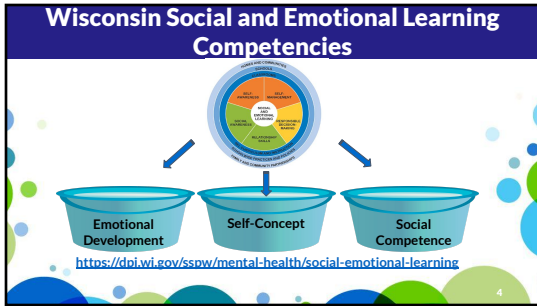
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Norms



Ask questions
Engage fully
Integrate new information
Open your mind to diverse views
Use what you learn

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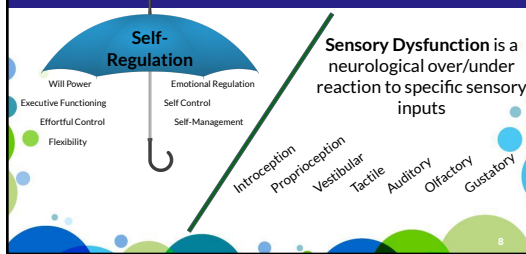


Long Story Shortz - Fidgets

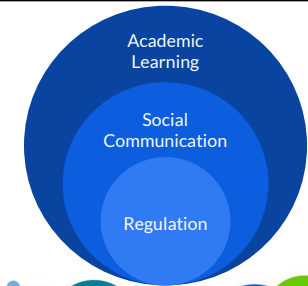


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Word Norming



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Teaching Self- Regulation Skills

Step 1 Step 2 Step 3 Step 4

Choose a strategy or lesson that relates to the skill needing to be built

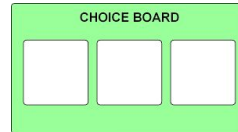
Teach the learner to use the system or skill

Implement the system or use of skill with adult support

Promote learner independence with the system or skill

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Allow for Choice



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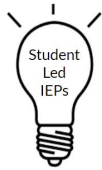
Visuals



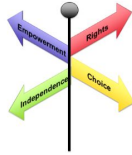
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Self Determination with Self Advocacy

How the Brain Works



Student
Led
IEPs



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Currents Sensory Bottle

Materials:

- Clear bottle
- Shaving cream
- HOT water
- Food coloring
- Extra fine glitter
- Sealant
- Duct tape

- Fill bottle 1/3 filled with shaving cream and add hot water nearly to the top.
- Shake, and let sit until it starts to separate. If after 5 min there is no separation, add more shaving cream. If separation occurs, add water until the bottle overflows. Your goal is to get the un-dissolved shaving cream out.
- Add food coloring and extra fine glitter (1 tsp or 2)
- Put sealant on cap and seal bottle (hot glue or water proof sealant of choice)
- If added security is wanted, wrap cap in duct tape.

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Calm Down Sensory Bottle

Materials:

- Clear bottle
- Clear soap
- Water
- Food coloring
- Flake glitter or water beads
- Sealant
- Duct tape

Directions:

- Fill bottle up to 1/2 with clear soap and add water to the top. (The more soap you use the slower the glitter moves)
- Add food coloring (if you want)
- Add glitter or water beads
- Put sealant on cap and seal bottle
- If added security is wanted, wrap cap in duct tape.

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Sensory Mats

Materials:

- 2 Ziplock Bags
- Water Beads
- Duct Tape
- Double sided tape
- optional - straw
- Using water grow water beads according to the directions on the package
- In a ziplock (We use sandwich size) fill with water beads and get as much air out as possible (amount of water beads depends on what you want). You can use a straw to get air out
- Duct tape the opening shut
- Put the sandwich sized ziplock with water beads in another ziplock (we use gallon size). If you want you can use double sided tape around the edges of the inside ziplock so it doesn't move around
- Push out air and seal outside ziplock (or with straws)
- Duct tape around all four edges of the mat

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Dry Erase Mat

Materials:

- Stiff Cardstock or two pieces of regular card stock
- Page protector - I like using Avery Heavyweight Reference Sheet
- Washi tape or decorative masking tape

Directions:

- Put cardstock in page protector
- Start tape at the upper left hand corner leaving about 5 mm from the opening of the page protector and follow the edge down with the tape and around the bottom and back up to the top on the back side of page protector (you should have covered the holes of the page protector)
- Do the same for the right side
- For the top make sure when you place the tape around the edges you do not seal the opening. If needed you can turn this dry erase mat into a protector to a worksheet you may want to use again and again while the kids use dry erase markers instead of pencils
- Finish the mat by putting tape around the bottom edge of your page protector

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Twirling Double Loops Ring Fidget

Materials:

- 2 Keyrings
- 4 beads (plastic craft bead with large center hole)
- If you struggle with opening key rings, a small flat head screwdriver

Directions:

- Open on keyring and place two beads on it
- Open the second key ring and place 2 beads on it
- Attached two keyrings together

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Visual Timer

Materials:

- Stiff Cardstock or two pieces of regular card stock
- Page protector - I like using Avery Heavyweight Reference Sheet Protectors Non-Glare
- Washi tape or decorative masking tape
- 2 10 inch soft velcro strips
- 10 hard velcro dots
- 5 laminated X's and numbers 1-5
- Double sided tape

Directions:

- Fold cardstock in trifold (long side) to make a triangle
- Put cardstock in page protector and put a piece of double sided tape on the cardstock (both sides) near the opening of the page protector
- On the flap with hole punched holes place double sided tape to make the triangle stay together
- Put 10 inch strips, one on a side
- Put velcro dots on the numbers and X's
- Use Washi Tape to decorate the outside around the boards and along the folded lines if you want

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DYI Tangle

Materials:

- 10 clothespins
- 40 beads (plastic craft bead with large center hole)
- 1 plastic bead (larger)

Directions:

- Take metal connectors off of clothespins
- Put two beads on each side of metal connector (four on each metal connector)
- Put ends of metal connector inside spiral of next metal connector
- Once all ten connectors are put together place the last metal connectors ends go into the single plastic bead

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Pencil Topper

Materials:

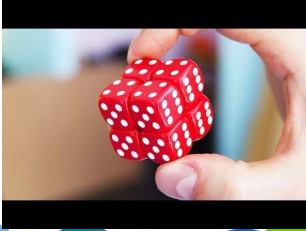
- Pencil
- Wooden bead
- 2 rubber bands
- rubber pencil grip cut in half
- optional binder clip

Directions:

- Wrap 1 rubber band $\frac{1}{2}$ down pencil from eraser
- Cover with $\frac{1}{2}$ piece of pencil grip
- Put wooden bead or binder clip on pencil
- Wrap rubber band right below eraser
- Cover rubber band with the other $\frac{1}{2}$ piece of pencil grip

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DIY Infinity Cube



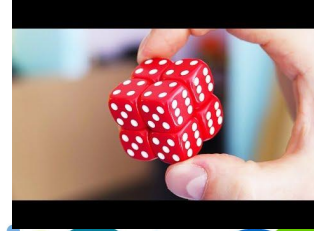
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DIY Infinity Cube



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DIY Infinity Cube



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DIY Infinity Cube



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DIY Infinity Cube



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Ring Fidget



Count out 40 bands
Alternate colors
Use connector to
finish

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Resources

Supporting Neurodiverse Students Website

<https://tinyurl.com/NeurodiversityWI>

Fidget Resource

<https://www.therapyshoppe.com/>

<https://www.stimtastic.co/>
